



The MarVaTeens Parent Association
proudly presents...

The Nation's Capital Cup!

March 3-4, 2018

A Women's USAG Invitational Meet
Levels 3 through 10
Modified Capital Cup Format

**This meet traditionally fills and teams have unfortunately been turned away.
Register early to avoid disappointment.**

Location: Prince George's Sports and Learning Complex
8001 Sheriff Road
Landover, MD 20785

Schedule: Levels 6-10 compete Saturday, March 3, 2018
Levels 3-5 compete Sunday, March 4, 2018
Age groups will be determined by an even distribution within each level.

Plus: Individual and Team awards after each session.
GK leotard for each gymnast.
Coaches Hospitality at the meet site.

Entry Fees: \$115/gymnast
\$50/level (top three scores count regardless of age)
Early deposits will NOT hold your Club's entries. ONLY full payment guarantees your spots.

Deadlines: Full payment due by December 31, 2017
Note: a single level's team fee will be waived if registration is paid in full prior to 10/31/17!
No refunds after January 16, 2018 (substitutions only)

Host Club: MarVaTeens Gymnastics
5636 Randolph Road
Rockville, Maryland 20852
Tel: 301-468-9181
Meet Coordinator: capitalcup@gmail.com

Host Hotel: DoubleTree Inn
9100 Basil Court
Largo, Maryland 20774 (301-773-0700)
(Mention the Nation's Capital Cup when making the reservations to receive a special rate)

Please check out our webpage www.marvateens.com for additional information and further updates.

2018 NATION'S CAPITAL CUP REGISTRATION FORM

March 3-4, 2018

Entry Deadline: December 31, 2017

Please submit registration form,
gymnast roster, and
check payable to **MVTPA** to:

MarVaTeens
Attn: Capital Cup Coordinator
5636 Randolph Road
Rockville, MD 20852

Team: _____ USAG Club#: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Contact e-mail: _____

Coach Name	USAG #	USAG Exp Date	Safety Cert Exp Date	Background Exp Date	U100 Certified? Y/N

Level	Number of Gymnasts	Team Entry? (circle)	Amount Due per Level
3	X \$115	Y + \$50	
4	X \$115	Y + \$50	
5	X \$115	Y + \$50	
6	X \$115	Y + \$50	
7	X \$115	Y + \$50	
8	X \$115	Y + \$50	
9	X \$115	Y + \$50	
10	X \$115	Y + \$50	
Subtotal:			
Is it before 10/31/17? Then one team entry fee (\$50) is waived!			
Total Amount Due:			

